



## MINISTRY OF TRANSPORT AND COMMUNICATIONS

### DEPARTMENT OF MARINE ADMINISTRATION

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Date: 30 March 2020

### Announcement 1/2020

**Subject: Notice regarding to Coronavirus Disease 2019 (COVID-19)**

The Ministry of Transport and Communications, the Department of Marine Administration has issued an announcement on the global epidemic of Coronavirus Disease 2019 (COVID-19).

1. Ministry of Health and Sports has activated the surveillance procedure as per **Annex A** on passengers and crew personnel of aircrafts and ships entering into Myanmar through airports, seaports and border crossing that will be monitored as required by the Standard Operation Procedures for Persons under Investigation as well as by the Management Protocol for COVID-19 Acute Respiratory Disease as per **Annex B** in the case of suspected patients treatment will be undertaken.
2. Regarding to the screening process on foreign-flagged ships, cruise ships, Myanmar ships engaged on international voyages calling to Myanmar ports, each and every seafarer shall duly send the Maritime Declarations of Health (MDOH) to Myanmar Port Authority 72 hours in advance as well as 24 hours prior to arrival. Thence the Health Declaration Cards as provided in **Annex C** shall be submitted to the Port Health Officer. In case of suspected coronavirus infection, if there is any person suffering high fever, sickness, coughing or respiratory distress, master of the ship shall be reported to Port Authority personnel so that Myanmar Port Authority may take steps necessary procedures including berthing movements. Maritime Declaration of Health forms have been distributed by the Shipping Agencies Department of Myanmar Port Authority.
3. In order for protection against current COVID-19, procedures for the prevention and control of the disease are continuously published by the World Health Organization (WHO) and the International Maritime Organization (IMO) and such Procedures, Recommendations, Guidelines and Circulars are provided in **Appendix D**.

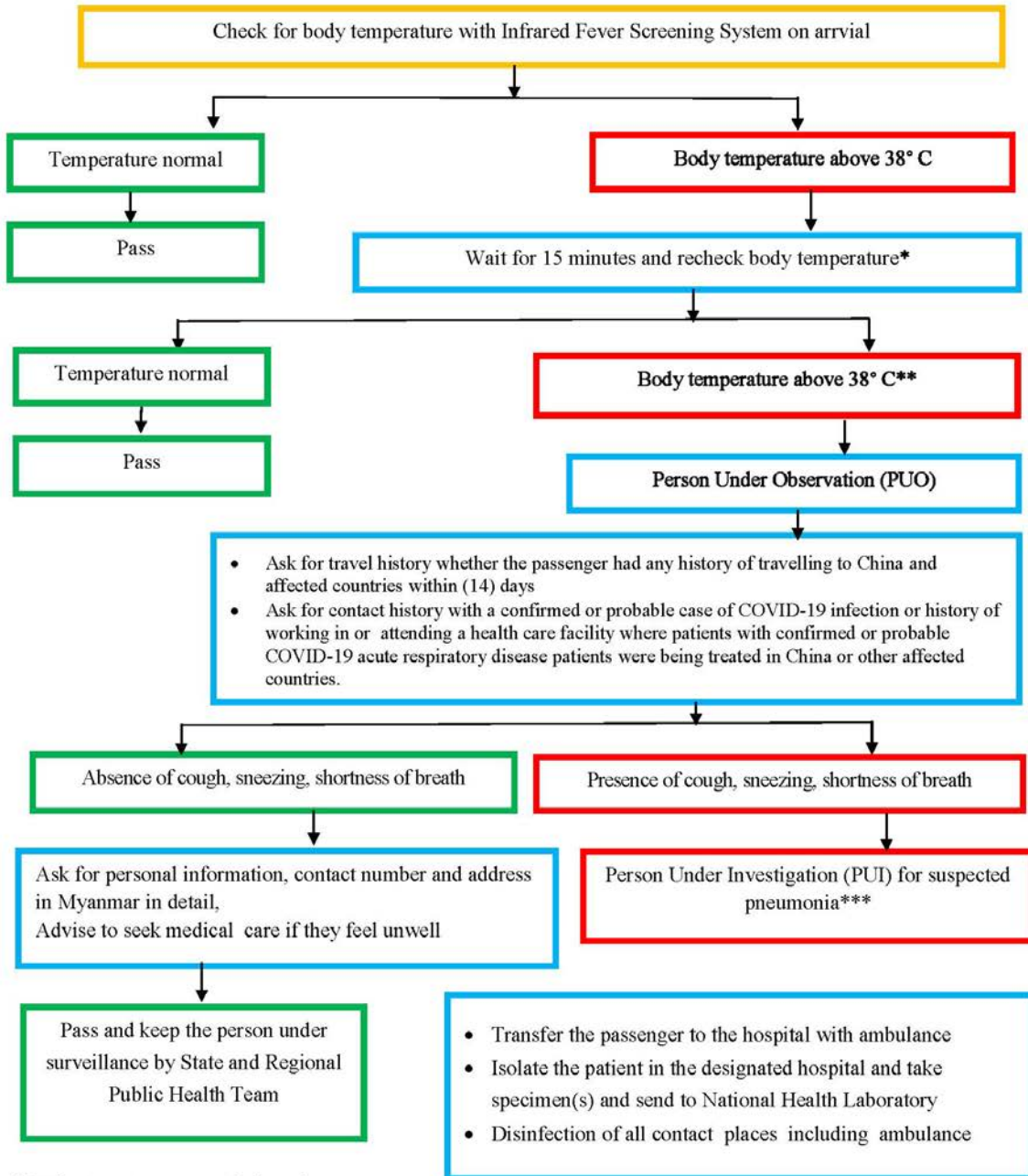
4. Shipboard personnel who work on these vessels are required to comply with the instructions in **Annex (E)** in order for landing permit or to go shore.
5. It has been disseminated information regarding preventive and compliance measures against COVID-19 through SRPS companies as well as in the Website: <https://dma.gov.mm> of the Department of Marine Administration.

Thaung Kyaing

Director General



### Standard Operating Procedures for Pneumonia Surveillance in International Airport and Seaport (26-2-2020)



\* Patients must wear surgical mask

\*\*Immediately inform to Central Epidemiology Unit, Ministry of Health and Sports, Nay Pyi Taw

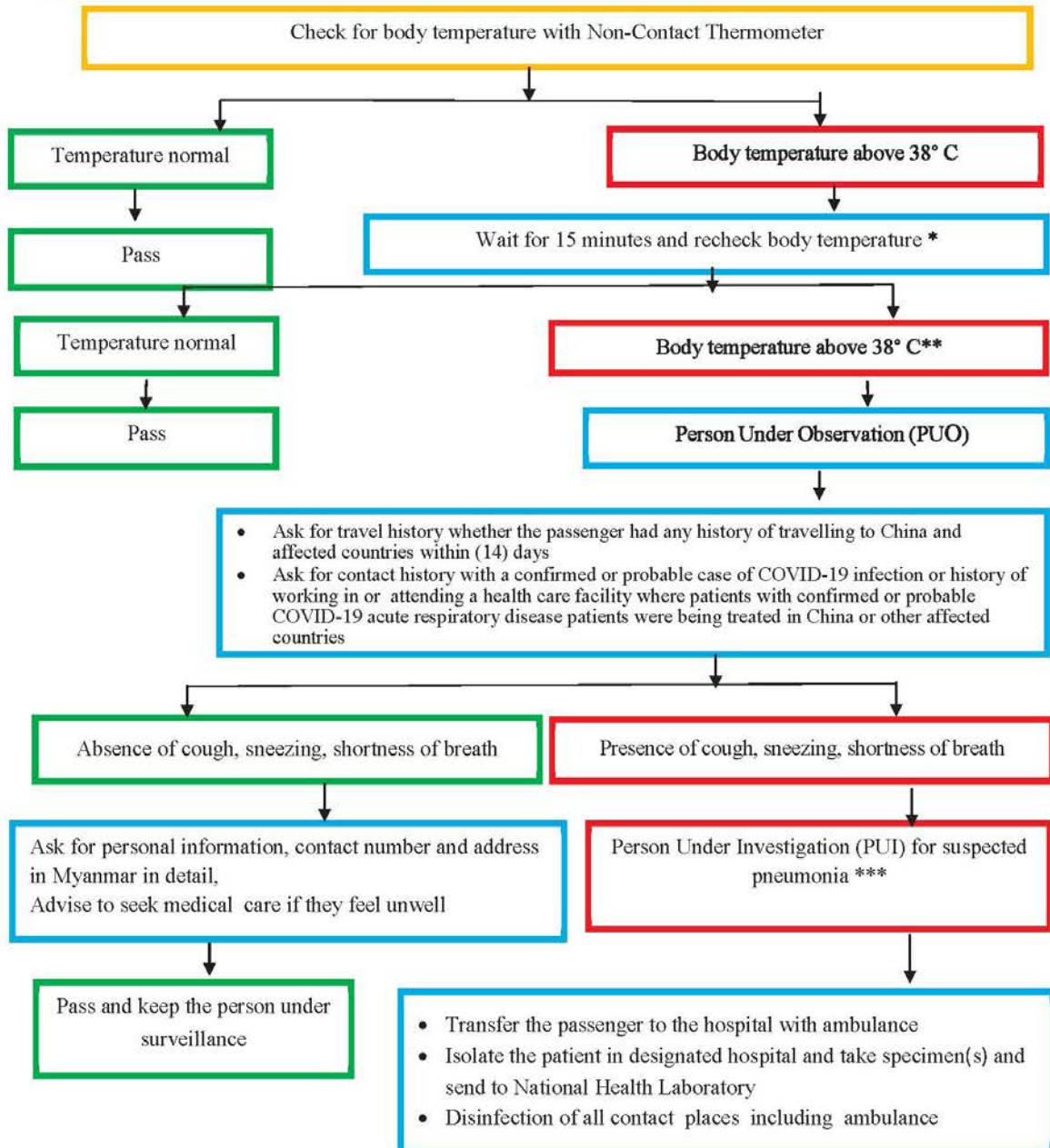
\*\*\* Decision by Clinical Management Committee

All health personnel to take universal precaution / N95 Mask

Central Epidemiology Unit, Department of Public Health  
Ministry of Health and Sports



## Standard Operating Procedures for Pneumonia Surveillance in Ground Crossing (26-2-2020)



\* Patients must wear surgical mask

\*\*Immediately inform to Central Epidemiology Unit, Ministry of Health and Sports, Nay Pyi Taw

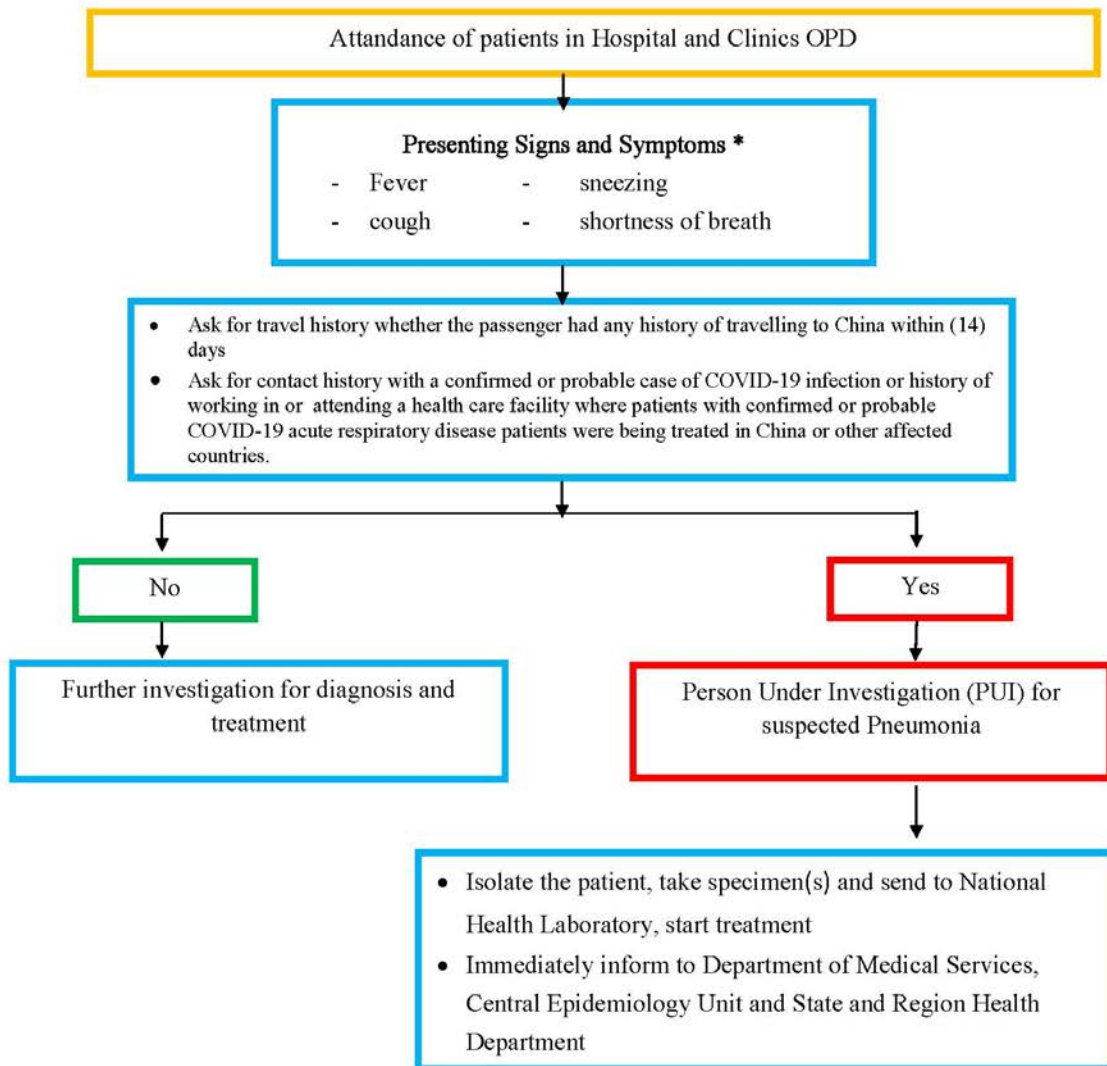
\*\*\* Decision by Clinical Management Committee

All health personnel to take universal precaution / N95 Mask

Central Epidemiology Unit, Department of Public Health  
Ministry of Health and Sports



**Standard Operating Procedures for Person Under Investigation (PUI) for  
Suspected Pneumonia Surveillance in Hospitals and Clinics  
(26-2-2020)**

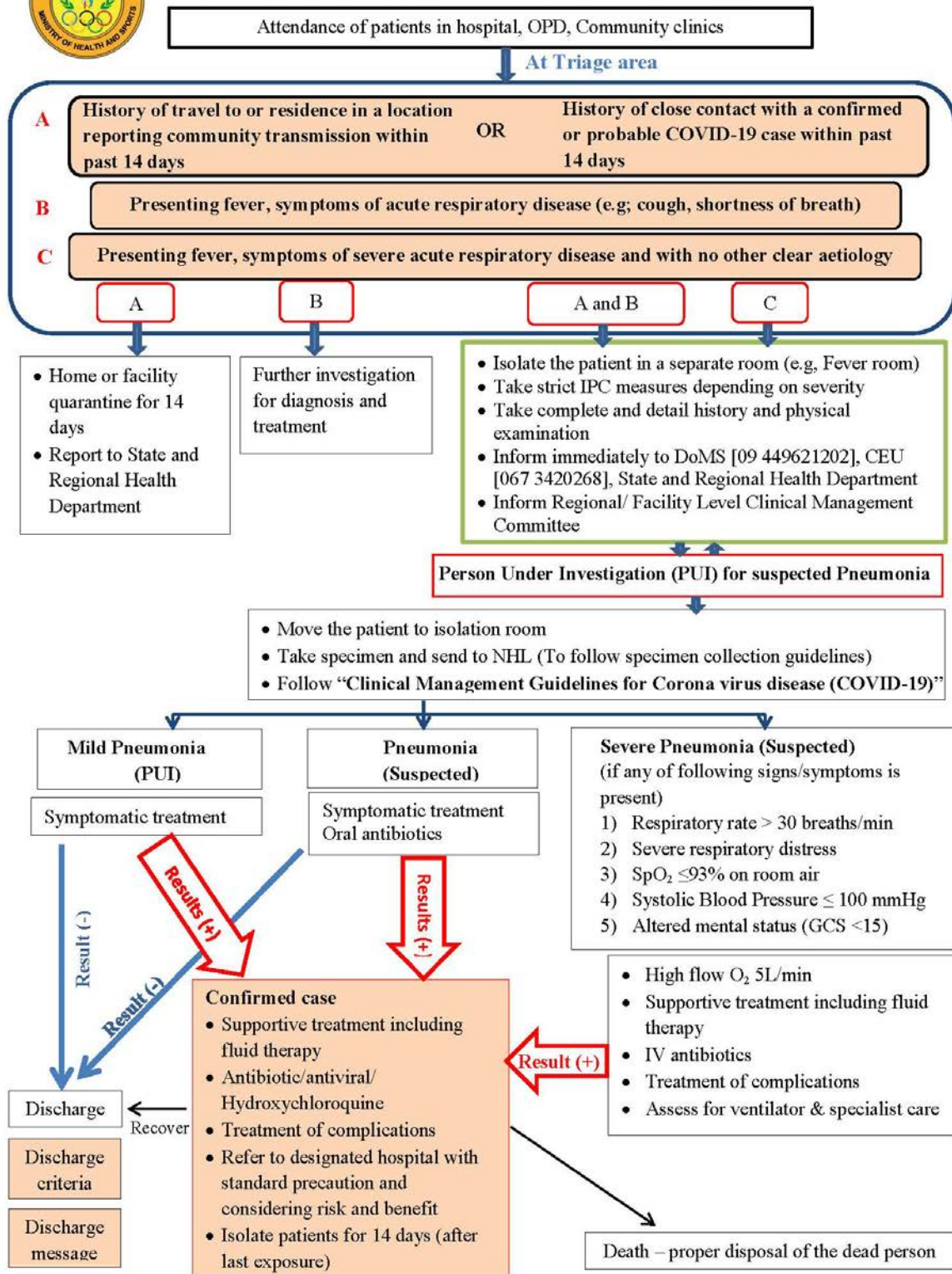


\* Patients must wear surgical mask  
All health personnel to take universal precaution / N95 Mask

Central Epidemiology Unit, Department of Public Health  
Ministry of Health and Sports



**Management Protocol for COVID-19 Acute Respiratory Disease (Version 04)**



DoMS : Department of Medical Services    CEU : Central Epidemiological Unit    NHL: National Health Laboratory



**Ministry of Health and Sports**

**Health Advice for Travellers**

**Welcome to Myanmar**

All travellers coming from Wuhan (People's Republic of China) and Novel Coronavirus affected area 2019, please report without fail to Airport Quarantine Desk if you have any of the symptoms such as high fever, cough, sneezing, shortness of breath on arrival (or) within (14) days of being in Wuhan.

We would like to advise you to seek early medical care and report to the nearest health facilities, preferably government hospital if you have any of the symptoms of high fever, cough, sneezing, shortness of breath, (14) days after arriving Myanmar will treat free of charge.

**Airport Health Quarantine, Ministry of Health and Sports**



**ခရီးသွားများအတွက်ကျန်းမာရေးဆိုင်ရာသတိပေးချက်**

တရုတ်ပြည်သူ့သမ္မတနိုင်ငံ၊ ဝူဟန်မြို့နှင့် ရောဂါကူးစက်ဖြစ်ပွားနေသော ဒေသများမှ မြန်မာနိုင်ငံသို့ ရောက်ရှိလာသည့် ခရီးသည်များအနေဖြင့် ဖျားခြင်း၊ ချောင်းဆိုးခြင်း၊ အသက်ရှူကြပ်ခြင်း စသည့် ရောဂါလက္ခဏာများ လက်ရှိအနေဖြင့် ဖြစ်ပွားလျက်ရှိပါက (သို့မဟုတ်) လွန်ခဲ့သော (၁၄) ရက်အတွင်း ရောဂါလက္ခဏာများဖြစ်ပွားခဲ့ပါက (သို့မဟုတ်) မြန်မာနိုင်ငံသို့ရောက်ရှိပြီး (၁၄) ရက်အတွင်း အဆိုပါရောဂါလက္ခဏာများ ဖြစ်ပွားပါက လေဆိပ်ကျန်းမာရေးဌာနနှင့် နီးစပ်ရာကျန်းမာရေးဌာနများသို့ သင်၏ ကျန်းမာရေးအား အခမဲ့ကုသပေးနိုင်ရေးအတွက် အမြန်ဆုံးသတင်းပေးပို့ဆောင်ရွက်ပါရန်။

**လေဆိပ်ကျန်းမာရေးဌာနခွဲ၊ ကျန်းမာရေးနှင့်အားကစားဝန်ကြီးဌာန**

**Contact Phone Numbers**

Central Epidemiology Unit - 067-3431432, 067-3431434, 09-429228991, 09-459149477

Public Health Emergency Operation Center - 067- 3420268

Yangon Airport Health Quarantine Unit - 09-799983833

Yangon Regional Department of Public Health - 09-449001261, 09-794510057

Mandalay Regional Department of Public Health - 09-2000344, 09-43099526



Please scan for more information



**Health Declaration Card**  
**Ministry of Health and Sports, Myanmar**

**\*Please fill in using the capital letters**

Flight Number/ Ship Name-----	Date:	Day	Month	Year

Name

Family	First	Middle

Date of birth

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Nationality

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Male  Female

Passport No. \_\_\_\_\_ Country of residence \_\_\_\_\_ Port of disembarkation \_\_\_\_\_

Length of stay in Myanmar   Days Date of departure

Day	Month	Year

Address in Myanmar

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Contact Phone Number

Did you travel any city/ country within 14 days?  
Yes  No

If yes, mention the name of city and country and region that you have visited within 14 days \_\_\_\_\_

Trip Plan  
Cities intended to travel in Myanmar \_\_\_\_\_

Do you have any signs and symptoms of

<input type="checkbox"/> High body temperature	<input type="checkbox"/> Cough	<input type="checkbox"/> Sore throat
<input type="checkbox"/> Sneezing	<input type="checkbox"/> Shortness of breath	
<input type="checkbox"/> Others _____		

Signature of passenger \_\_\_\_\_

Medical Officer Port Health	Contact: Port Health Authority: Central Epidemiology Unit :067-3431432, 067-3431434
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**WHO technical-guidance**

- a) Critical preparedness, readiness and response actions for COVID-19
- b) National laboratories
- c) Risk communication and community engagement
- d) Early investigation protocols
- e) Naming the coronavirus disease (COVID-19)
- f) Country-level coordination, planning, and monitoring
- g) Clinical care
- h) Operational support and logistics
- i) Reduction of transmission from animals to humans
- j) Humanitarian operations, camps and other fragile settings
- k) Surveillance, rapid response teams, and case investigation
- l) Infection protection and control / WASH
- m) Guidance for schools, workplaces & institutions
- n) Points of entry / mass gatherings

The WHO technical-guidance is constantly updating, visit the following WHO website:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance>





**IMO Circular**

- a) IMO Circular Letter No.4203 Novel Coronavirus (2019-nCoV)
- b) IMO Circular Letter No.4203/Add.1 Novel Coronavirus (2019-nCoV)
- c) IMO Circular Letter No.4204 Novel Coronavirus (2019-nCoV)
- d) IMO Circular Letter No.4204/Add.1 COVID-19 – Implementation and enforcement of relevant IMO instruments
- e) IMO Circular Letter No.4204/Add.2 Joint Statement IMO-WHO on the Response to the COVID-19 Outbreak
- f) IMO Circular Letter No.4204/Add.3 Operational considerations for managing COVID-19 cases/outbreak on board ships
- g) IMO Circular Letter No.4204/Add.4 Guidance for ship operators for the protection of the health of seafarers

IMO Circulars can be downloaded through the following link:

<https://www.dropbox.com/sh/8snwfrd9bqy3ew/AABznSw3YRUJXSr7aGrndmCia?dl=0>



## Additional Precautionary Restrictions for travellers from all countries visiting

### Myanmar

1. With a view to preventing importation and spread of COVID-19, the Government of the Republic of the Union of Myanmar is obliged to take additional precautionary measures to control and limit the risk that travellers from all countries may pose to the populations in Myanmar.
2. The Following additional temporary restrictive measures will take effect for incoming travellers from all countries starting from *25 March 2020, 0000 hours* (Myanmar standard time) –
  - 2.1 All incoming Myanmar nationals from any country will be subject to a 14-day **facility quarantine** on their arrival in Myanmar.
  - 2.2 All foreign nationals travelling to Myanmar are required to present laboratory evidence of absence of COVID-19 infection issued no more than 72 hours prior to the date of travel before boarding any airline destined for Myanmar. They will be subject to a 14-day **facility quarantine** on their arrival in Myanmar.
  - 2.3 All diplomats accredited to Myanmar and United Nations officials working in Myanmar are also required to present laboratory evidence of absence of COVID-19 infection issued no more than 72 hours prior to the date of travel before boarding any airline destined for Myanmar. They will be subject to **home quarantine** for 14 days on their arrival in Myanmar.
3. This notification shall supersede the precautionary measures announced earlier.

Ministry of Foreign Affairs

Nay Pyi Taw, Dated 24 March 2020